

Prepare for School Season:

We know Fall is a busy time for many athletes and their families as they return to school, so we have created 3 options for our athletes to prepare for their upcoming School Seasons.

- Weekly Team Practice, Skills/Shooting, Strength & weekend Games: \$495
- Weekly Team Practice, Skills/Shooting & Strength: \$395
- Drop-in Skills/Shooting & Strength: \$8 - \$30 per session (pay as you go)

*** Full details on Page 2**

Tryouts:

We are utilizing the fall season as a first look at players for next season, then we will be conducting formal tryouts Oct 16th and 23rd

Class Offerings and Fall Calendar:

- All classes for September and October updated on our factorymi.com website
- Full September calendar is posted on factorybsaknetball.com

Winter Strength for our High School athletes:

We can not stress enough how important our strength program is for our athletes on a year round basis, not just 3 months in the Spring.

- Wed & Sat strength classes this winter for our HS athletes
- Improve your performance
- Avoid injury
- Be ready for your Spring/Summer Season

Middle School Winter Season:

- Tryouts Oct 16th
- 2 weekly Practice (M/W)
- 2 weekly Strength Sessions (M/W)
- Runs Dec-March
- Great events
- Register Online & tell a friend

Factory Fall Session:

Mondays:

Middle School Practice 6:00-7:30

Middle School Strength 7:30-8:30

Tuesdays:

High School Practice 6:00-7:30

High School Strength 7:30-8:30

Wednesdays:

Skills/Shooting (A) 5:30-6:45

Strength (A) 6:45-7:45

Strength (B) 5:45-6:45

Skills/Shooting (B) 6:45-8:00

Thursdays:

Skills/Shooting (C) 5:30-6:45

Strength (C) 6:45-7:45

Strength (D) 5:45-6:45

Skills/Shooting (D) 6:45-8:00

Fridays:

Skills/Shooting 5:00-6:30

Sat 9/11:

High School 3 on 3 11:00-12:30

Middle School 3 on 3 12:30-2:00

Sat 9/18:

Factory at Mystics

Sat 9/25:

Factory at Mystics

Sat 10/2:

Factory at Mystics

Sun 10/3-10/24:

High School in LBI Fall League

October 9th, 13th & 30th:

Middle School in Local Events

Option 1:

Mon-Fri + Weekend Games

\$495 per player

Option 2

Mon-Fri Only

\$395 per player

Option 3:

Drop-in Pricing:

Wed/Thurs Skills/Shooting **\$25**

Wed/Thurs Strength **\$8**

Fri Skills/Shooting **\$30**

Sat 3 on 3 **\$10**

Weekend Games **\$25**

Players who have paid for option 1 or option 2 register for each Skills/Shooting or Strength session using the link on the Practice & Training Calendar page of our website: factorybasketball.com

Players who did not pay for option 1 or option 2, but who want to participate on a Drop-in basis, register for classes sessions on our thefactorymi.com page.

Its not too late to sign up. And it's a fantastic low stress opportunity to prepare for a great high school season.